



School Wellness Committee Agenda

Date:	Tuesday April 18 th , 2023
Time:	3:15 p.m. – 4:00 p.m.
Location:	Central Office Room A/B
Attendees:	Jaki Winch, Karen Isaacson, Jackie Schreiber, Nicole Laber, Melanie Hanneman, Stacie Lecker, Stacey Dejarlais, Joanne Greenlee, Shelly Schneider, Amanda Franseen
Virtual Attendees:	Kevin Fadrowski, Karen Mengel

- 1) Welcome
- 2) Water Challenge Results
 - a. 'Rethink Your Drink' through Security Health
 - i. 63% of the participants that registered for the challenge completed it. (39 of the 61 who registered)
 - ii. 5 names from those who completed the challenge were randomly selected to win a \$5 Kwik trip gift card.
 - iii.
 - b. Middle School Water Challenge
 - i. Kevin gave the results. Students did not meet the goal of 80% or more participation. Some recommendations included increasing staff buy in next time and/or making it more of a competition between students/staff. Overall, it brought awareness to healthy drink choices and water facts/ways to increase water consumption.
- 3) April Pet Photo Contest
 - a. Narrow down submissions
 - i. Committee voted on all photos submitted. The top 7 from the 'most unusual' and 'funniest' categories were selected and the top 9 from the 'cutest' category.
 - b. Prepare for district wide final voting
 - i. District wide voting for the winner from each category will run Wednesday April 19th – Wednesday April 26th.
- 4) End of Year Wellness Promotion
 - a. May PLC
 - i. Committee did not have time to discuss. There will be a May 2nd Microsoft Teams meeting to finalize these details.

Future Meetings

Microsoft Teams Virtual Meeting on Tuesday May 2nd, 2023