



Nasonville School Newsletter

Char Ulrich, Principal
February 2021



-2 **Groundhog Day**
 100th Day Celebration-Kdgn

-8 **REINFORCEMENT DAY**

-8 & 9 **Scotty's Pizza**

-9 & 11 **Parent/Teacher Conferences**

-10 & 12 **Healthy Smiles Grades 2 & 3**

-12 **Lincoln's Birthday**

-14 **VALENTINE'S DAY**

-15 **NO SCHOOL – VACATION DAY**
 Washington's Birthday (observed)
 Presidents' Day

-26 **REINFORCEMENT DAY**



****Check out the great student artwork in this newsletter!**

PRINCIPAL'S CORNER

COVID Updates:

Thank you for working with us to keep everyone healthy and at school as much as possible. We are doing our best to lessen everyone's chances of contracting COVID at school.

Mask Wearing:

-Thank you for sending your child with a clean, well-fitting mask daily. All students and staff are expected to wear their mask over their nose and mouth. Mask breaks are provided in the classroom throughout the day. It is also helpful when you provide extra masks in your child's backpack just in case they forget one or need to change it during the day.

Distancing:

-We will continue to keep classes separated during recess and lunch times. By doing this, we reduce the chance of having to quarantine both classrooms when we have a positive COVID case.

Cleaning:

-Sanitizing occurs daily. When a classroom is quarantined, we use a UV light machine within the classroom to sanitize the entire room.

Hand Washing/Sanitizing:

-Teachers have built in multiple hand washing and hand sanitizing breaks throughout the school day.

Water Bottles:

-The district has installed 2 water bottle fillers at Nasonville. Please be sure your child has a clean water bottle daily since our regular water fountains are unavailable at this time.

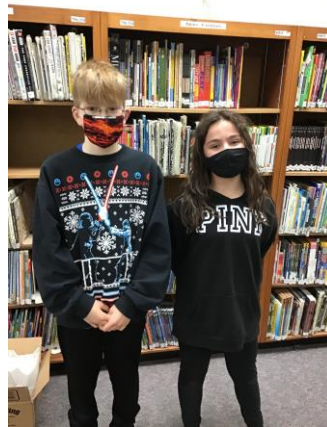
This isn't easy for anyone! Thanks for sticking with our protocols to help us all get through this together!

SPELLING BEE FINALISTS

The following students participated in the Nasonville School Spelling Bee:

Sam Eddy, Ava Heeg, Allison Heiman, Orin Henderson, Avery Kelnhofer, Adeline Kreklau, Tyler Nelles, Rigo Olguin, Quinton Plucinski, Kylee Richardson, Caleb Seubert, Riley Spaulding, Landen Trubee, Piper Weis, and Sloane Withers.

Despite the pandemic, Nasonville still managed to have their annual Spelling Bee. This year, instead of the oral competition, students took the spelling bee in an online format. A list of 25 words was given to each contestant. The top two spellers, Orin Henderson and Adeline Kreklau, will represent Nasonville School in the regional Spelling Bee which is held in February.



Congratulations to all our great spellers at Nasonville School.

We are proud of all of our contestants!

VALENTINE DELIVERIES



Please refrain from sending balloons and gifts to your children at school for Valentine's Day.

Plan to celebrate the special day at home with your family, and our teachers will make it special at school too.

UNEXPECTED EARLY DISMISSALS

Tis' the season for unpredictable bad weather. With that in mind it is imperative that families are prepared for unexpected early dismissals. Be sure that your family has a plan in place of how your child(ren) will be getting home.

Please prepare your child with special directions in case school would be canceled during the school day. Does s/he know how to get into the house if you are not home? Does s/he know where to call you?

On days of questionable weather, cancellations will be posted on the radio, WDLB AM 1450, the District website, www.marshfieldschools.org and the Skylert Calling System will be activated. Cancellations are posted in these areas as soon as they are determined. **Please do not inundate the school office with calls inquiring about cancellations without checking these other avenues first.**

LUNCH ACCOUNTS

School lunches and breakfasts will continue to be free to all students through the remainder of this school year.



Keep in mind that if your child is getting a milk only, or is getting an extra milk, they will be charged 40 cents for each milk.

If you have any questions or concerns about your account balance, feel free to call Mrs. Junco in the school office.

Open School Enrollment Application Dates 2021-2022

The 2021-2022 regular open enrollment application period is February 1st - April 30th.

The open enrollment application will be available at www.dpi.wi.gov/open-enrollment and must be submitted during that time. No paper applications will be available. This website also answers many questions. Early or late applications cannot be accepted. A computer is available in all school libraries and the Board of Education Office for your use.

If you do have any questions, please contact Tacey or Anne at 715-387-1101 (ext-1109).

Please feel free to share this information with family and friends in our area.



REMINDER...NO SMOKING

A reminder to parents/guardians/adults and community members: Smoking, use of tobacco products and use of products such as e-cigarettes is not allowed on any school property. This includes inside your personal vehicles while on school property, in parking lots, in school driveways, drop-off areas and so forth. Please assist us by abiding by this health and safety policy.

MARK YOUR CALENDARS!

Nasonville School 2021

FORWARD TESTING DATES

Grade 3	April 26 – 29
Grade 4	March 22 - 25 April 5 – 9
Grade 5	April 12 – 16
Grade 6	April 20 – 23

*Please make every effort to ensure that your child is present for testing.

Testing will occur throughout the school day.

Please avoid appointments and vacations during your child's testing times.



MY CHILD IS QUARANTINED...NOW WHAT?

If your student is quarantined and unable to attend in-person school, virtual learning will be the mode of instructional delivery during this quarantine period. It will be important for students to access their Seesaw (K-Grade 4) or Canvas (5th -6 th Grade) Account daily to retrieve and complete learning activities and assignments being prepared by their teacher. The classroom teacher will be communicating with students regularly throughout this quarantine period. Families are encouraged to reach out to the teacher with any academic related questions.

PTO NEWS



STAY CONNECTED WITH YOUR PTO!

A great way to stay on top of things going on at Nasonville, as well as get information that can help support our PTO, is the Nasonville PTO page on Facebook.

If you are a member of Facebook, just search Nasonville PTO - Marshfield, WI and request to become a member. The PTO administrators will then grant you access to the page and help try and keep you up-to-date with school events and reminders.



HEALTH SERVICES

School District of Marshfield
1010 East Fourth Street
Marshfield, Wisconsin 54449

JUDY AKIN, RN, MS
TAMMY VOSS, RN, BS
District Nurses
425 West Upham Street
Marshfield, WI 54449
715-384-4747, ext. 2109

EMOTIONAL WELL-BEING FOR KIDS

There are plenty of ways to help your child build their emotional health and well-being. Some of them are easier than you think & the entire family can benefit from them!

- * Establish a daily routine. Kids find comfort in structure.
- * Make time for listening - talk to children about their experiences and challenges.
- * Give the gift of responsibility - give kids important jobs they can do at home, at school, and in the community.
- * Create family traditions - like family meals, and seasonal and holiday activities.
- * Encourage responsible use of technology - talk about social media and technology, and create phone-free and other tech-free zones.
- * Make time to play and create - support unstructured playtime.
- * Encourage learning - help them find out who they are and what they enjoy. Explore interests and cultures, take a new class, read a book for fun.
- * Support exercise and nutrition - encourage them to move every day and eat nourishing food.
- * Help them enjoy nature - go for a walk together, watch the sunset, gaze at the stars, listen to the birds.
- * Create healthy sleep routines-set an established bedtime & eliminate electronics one hour before bed.

Parents should not neglect their own wellness. The entire family benefits when parents prioritize their well-being. Here are five tips that can help:

1. Make time for yourself
2. Prioritize healthy choices
3. Be realistic
4. Set boundaries
5. Reconnect with things you enjoy



Help your student succeed by becoming a Canvas Parent observer!

Get Setup with Canvas



Access Canvas at
www.marshfieldschools.org/families

or

Using the Canvas parent App



Create an account and pair with your student(s)



Organize the dashboard on the web if you have multiple students



Communicate with teachers



Help your student(s) succeed by knowing how to navigate Canvas and monitor student progress

Use a combination of Canvas web and app features for a customized experience

Manage how often you receive notifications using the web version. Setup push notifications and alerts using the app.

You can customize course names & colors on the web. The course nicknames will carry over to the app where you can view each student individually.

To see student course content such as modules, quiz details and course files, use Canvas on the web.



Need help?

Check out these Canvas Tutorials.



WWW.MARSHFIELDSCHOOLS.ORG/REMOOTELEARNING

What is Canvas?

Canvas is a Learning Management System (LMS). Its primary function is to support student learning by connecting digital tools and resources in one place. In Canvas, teachers can offer feedback, monitor student progress and communicate with students all in one place.



FROM THE DESK OF THE SCHOOL NURSES

How Can I Tell the Difference Between Coronavirus, the Flu, a Cold or Seasonal Allergies?

There are some similar symptoms between these conditions. This chart can help you figure out if you may be feeling symptoms of an allergy or a respiratory illness like Coronavirus.

Symptoms	Coronavirus* (COVID-19) <small>Symptoms range from mild to severe</small>	Cold <small>Gradual onset of symptoms</small>	Flu <small>Abrupt onset of symptoms</small>	Seasonal Allergies <small>Abrupt onset of symptoms</small>
 Length of symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks
 Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)
 Shortness of breath	Sometimes	No**	No**	No**
 Sneezing	No	Common	No	Common
 Runny or stuffy nose	Rare	Common	Sometimes	Common
 Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)
 Fever	Common	Short fever period	Common	No
 Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes
 Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)
 Body aches and pains	Sometimes	Common	Common	No
 Diarrhea	Sometimes	No	Sometimes for children	No

*Information is still evolving. **Allergies, colds and flus can all trigger asthma, which can lead to shortness of breath. COVID-19 is the only one associated with shortness of breath on its own. Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention. edited 3/27/20 • aafa.org/covid19

Both the flu & coronavirus can knock you off your feet. Allergies & a cold may make you feel tired, but they don't affect the whole body.

If you're experiencing symptoms of coronavirus call your medical provider or the Marshfield Clinic Covid hotline (1-877-998-0880) immediately for advice.

February 2021

Elementary
Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 • Cereal • Fruit Cup • 1 % Milk	2 • Yogurt • Muffin • Fruit Cup • 1 % Milk	3 • Pop Tart • Fruit Cup • 1 % Milk	4 • Cereal Bar • String Cheese • Fruit Cup • 1 % Milk	5 • Mini Bagels • Fruit Cup • 1 % Milk
8	9 • Yogurt • Scooby Doo Baked Graham Crackers • Fruit Cup • 1 % Milk	10 • Breakfast Bread • Fruit Cup • 1 % Milk	11 • Nutri Grain Bar • String Cheese • Fruit Cup • 1 % Milk	12 • Soft Filled Cereal Bar • Fruit Cup • 1 % Milk
15 Presidents Day - No School	16 • Yogurt • Muffin • Fruit Cup • 1 % Milk	17 • Pop Tart • Fruit Cup • 1 % Milk	18 • Cereal Bar • String Cheese • Fruit Cup • 1 % Milk	19 • Mini Bagels • Fruit Cup • 1 % Milk
22 • Cereal • Fruit Cup • 1 % Milk	23 • Yogurt • Scooby Doo Baked Graham Crackers • Fruit Cup • 1 % Milk	24 • Breakfast Bread • Fruit Cup • 1 % Milk	25 • Nutri Grain Bar • String Cheese • Fruit Cup • 1 % Milk	26

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February 2021

Elementary
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 • Mini Corn Dogs • Applesauce • Fresh Carrots • Milk	2 • Cheese Pizza • Peaches • Fresh Broccoli • Milk	3 • Chicken Strips • Pears • Green Beans • Milk	4 • Cheese Quesadilla • Orange Wedges • Corn • Milk	5 • Hamburger • Mixed Fruit • Green Peas • Milk
8	9 • Pepperoni Pizza • Pears • Fresh Carrots • Milk	10 • Chicken Nuggets • Mixed Berries • Mixed Vegetables • Milk • Mini Rice Krispy Treat	11 • Soft Shell Taco • Mandarin Oranges • Lettuce • Fresh Tomato • Milk	12 • French Toast Sticks • Little Smokies • Fresh Carrots • Craisins • Milk
15 Presidents Day - No School	16 • Mini Corn Dogs • Peaches • Green Beans • Milk	17 • Teriyaki Chicken • Harvest Cheddar Sun Chips • Applesauce • Fresh Carrots • Milk	18 • Whole Grain Mac & Cheese • Mandarin Oranges • Broccoli • Milk • Chocolate Chip Cookie	19 • Cheesy Breadsticks • Marinara Sauce • Mixed Berries • Mixed Vegetables • Milk
22 • Corn Dog on a Stick • Applesauce • Fresh Carrots • Milk	23 • Homemade Cheeseburger Pizza • Peaches • Corn • Milk	24 • Chicken Nuggets • Pears • Green Peas • Milk	25 • Chicken Patty on a Bun • Pineapple • Fresh Carrots • Milk	26

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