

# Driver's Education

Mr. Messerli

Contact info: [messerlim@marshfieldschools.org](mailto:messerlim@marshfieldschools.org) ph. 715.387.8464 ext. 4320 Virtual Classroom & Room 19

## What We Will Learn



This course is designed to steer you through the complex world of driver licensing. You will complete 21 days of school online coursework, classroom simulation and behind the wheel lessons with the ultimate goal of earning a driver's license.

• Because this course needs to meet requirements for D.P.I and the D.O.T, the "lab portion" of this class is still being finalized. The lab portion of this course will include 8 hours of simulation, 6 two-hour Behind the Wheel appointments. The online portion of Driver's Education will start June 15th. As schools receive further guidance and updates from the DPI and DOT regarding Driver's Education requirements and COVID-19 guidelines, we will continue to work on a plan and communicate accordingly when that information is available. Thank you for your patience.

- Each student must hold their permit for a minimum of 6 months before getting their license. With Covid safety factors, some delay should be expected

## Attendance



Starting June 15th, daily work will include textbook readings, guided power-point videos, discussion boards, edpuzzle videos, and canvas quizzes. Daily work may be turned anytime before or during that day to be marked present. Students may work ahead, but they must not get behind. Students should expect complete roughly 2 hours and 15 minutes of daily work over the 4+ weeks (21 days) of virtual learning. With such a short class, any student missing over 2 days of work will be removed from the course.

Weekly Outline:

- Previous Friday– upcoming week's content and due dates on Canvas posted
- Monday– Video explaining what is expected that week. Optional Microsoft Teams meeting at 11am to answer questions
- Daily work due by 4pm daily (you may work ahead). Late work may be penalized.
- Friday– all late work due from the week by 4pm.

## Miscellaneous

- Any formative work or quiz can be retaken for full replacement value
- To receive a grade for the course, all summative assessments and the final must be completed



### Required Materials

Ipad

Reliable Daily Internet

### Helpful Hint:

Download "WI DOT" app from the App Store for help

**IMPORTANT**

### Permit Test:

Date TBD

### Requirements for permit test:

- **\$250 BTW fee paid to main office:** School District of Marshfield
- **15 years, 6 months old**
- **Passing grade in class**

## Policies

**WORK hard**

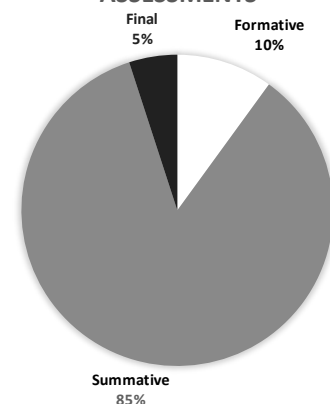
**RESPECT everyone**

**BE responsible**

**NO cheating**

**\*Students are expected to complete their virtual work independently**

### ASSESSMENTS



# Computer Applications Honors

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**Instructor:** Mrs. Dietsche

**Contact Information:** [dietsche@marshfieldschools.org](mailto:dietsche@marshfieldschools.org) ~ email response within 24 hours. If your email is received after class (times) on Friday, you will receive a reply by Monday by 7:30 am.

**Office Hours:** Tuesdays from 9:30-10 am via Teams for content and grading questions, and overall “how-tos”. During office hours you will receive an immediate feedback to your questions via email or Teams. This is **OPTIONAL** for students to attend.

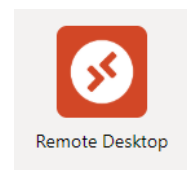
**Course Description:** Students will learn to use the windows operating system and application software. Through hands-on learning activities, students will be exposed to practical examples of the computer as a useful and productive tool. Students will learn the proper procedures to create documents, worksheets, databases, and presentations suitable for coursework, professional purposes, and personal use. Students will discover the usefulness of software applications to become more efficient and productive.

## Learning Targets:

- Identify and demonstrate the ability to use the basic functions of the operating system.
- Demonstrate the ability to edit, navigate and format documents in MS Word.
- Demonstrate the ability to create tables and multipage reports and enhance page layout and design.
- Identify the parts of an Excel spreadsheet.
- Demonstrate the ability to format text and data in Excel
- Demonstrate the ability to perform calculations with formulas and functions.
- Demonstrate the ability to analyze and chart data.
- Identify professional presentation guidelines
- Demonstrate the ability to create a presentation with illustrations and shapes
- Demonstrate the ability to use SmartArt, links and imported media.
- Demonstrate the ability to earn Microsoft Office certification

## Course Expectations

- The course content will be delivered at a **fast pace** as an entire semester’s worth of curriculum will be covered in **six weeks**.
- Students are expected to have daily access to **reliable internet and a laptop or desktop computer**. An **iPad cannot be used** to complete the course work. Microsoft Office 2019 is the software that is **required** for this course. If you do not have this software available on your laptop/desktop computer, access a copy of the software through the Remote Access link available from the student resources webpage. PLEASE test this link **before** committing to this course.
- During the summer, we will be utilizing the Cengage/MindTap website for many of our assignments. You will be giving an access code to create an individual account.
- Canvas will have teacher created videos explaining course content, assignments, and additional resources for the course.
- Students are expected to use the online textbook as a core resource in completing the assignments as well as other resources that are made available during the course.
- Students are expected to check their email daily for notes regarding formative assignment retakes, summative assessment makeup/retake and missing grades.



## **Student Expectations**

Policies and rules outlined in the MHS Student Handbook/Planner and district Neola policies must be followed.

- **BE RESPECTFUL!**
  - Please be respectful of those enrolled in Computer Applications.
- **BE RESPONSIBLE!**
  - Complete all assignments in a timely fashion to ensure maximum learning.
  - All work is expected to be yours. Plagiarism is not acceptable.
  - Use technology in an appropriate manner.
  - Remediate any work / assessments in a timely manner.
- **BE COMMITTED TO ACHIEVE!**
  - Regular participation is a necessity.
  - Be actively engaged in the learning process.
  - Pay attention / take notes / complete all assignments on time / review the material
  - Minimize your distractions for yourself and others.
  - Plan to commit 135-150 minutes each day to your learning.

## **Attendance Policy:**

Policies of the Marshfield Board of Education Rule 351 – Summer School Guidelines:

- Due to the online format of course offerings, student attendance will be connected to students turning in the daily and/or weekly assignments via Canvas and/or other online learning platforms (Cengage/MindTap). It is imperative students complete their coursework and/or assessments and submit within the due date as this reflects their daily and weekly attendance.
- To obtain the ½ credit, each course will fulfill the DPI requirement of 4,050 minutes of instruction and learning opportunities. Students/Families should plan for an average of 135 minutes each day.
- Failure to complete and submit assignments on time may result in students being removed/dropped from the course as they would no longer meet the required 4,050 minutes of instruction.

## **Grading:**

Summative assignments: 90% of the course grade, Formative assignments: 10%.

- Normal district grading procedures will apply. Students will be graded on an A/B/C/D/F/I scale. Grades will impact a student's G.P.A.
- Grades will be made available on Skyward for summer, please check often. If you note a discrepancy, please inform your teacher immediately. There is no need to report an asterisk (\*). This just means that the teachers are not finished grading yet.
- All work is expected to be your own. Students caught plagiarizing or cheating will receive a "0" on that specific assignment. The Cengage/MindTap website has built in tools to flag work that isn't your own. If a retake is allowed, the maximum score a student can receive is 70% of the total original points. It will be at the teachers' discretion if a retake is allowed based on the circumstances.
- If you need special services as a result of an IEP, 504, PLP, etc... please let your teacher(s) know. We will do our best to accommodate your learning needs. This will look a little different than normal, but your teachers are willing to assist you.

**Remediation/Retake Policy:**

Students are expected to complete the graded formative assessments with a 70% or higher before eligible to complete a summative assignment. Once a summative assessment has been completed by a student, the formative assessments can no longer be completed unless the student must retake the corresponding summative assessment.

Students achieving below a 70% on each summative assessment will have one opportunity to retake a similar assessment addressing the same learning targets.

**Computer Applications Honors Summer School, 2020**

Day 1-2	Creating Logins, Website Orientation, Working with Windows (laptop/desktop required), Types of Assignments and How to Submit Assignments
Day 3-4	Word Module 1
Day 5-6	Word Module 2
Day 7-8	Word Module 3
Day 9-10	Word Module 4
Day 11	Word wrap-up MOS Certification mini exams
Day 12-13	Excel Module 1
Day 14-15	Excel Module 2
Day 16-18	Excel Module 3
Day 19-21	Excel Module 4
Day 22	Excel wrap-up MOS Certification mini exams
Day 23	PowerPoint Module 1
Day 24-25	PowerPoint Module 2
Day 26-27	PowerPoint Module 3
Day 28-29	PowerPoint wrap-up MOS Certification mini exams
Day 30	Final Exam

The above timeline may be altered as we progress through the summer weeks

All assignments due dates will be posted in Cengage and Canvas

**Semester Final:**

The semester final counts for 10% of the overall grade.

**Grading Scale:**

A = 93-100	B = 83-86	C = 73-76	D = 63-66	I = Incomplete
A- = 90-92	B- = 80-82	C- = 70-72	D- = 60-62	
B+ = 87-89	C+ = 77-79	D+ = 67-69	F = 59-0	

# School District of Marshfield Course Syllabus



**Course Name:** Fit For Life

**Length of Course:** Semester

**Credit:** ½

## **Program Goal(s):**

The School District of Marshfield Physical Education Program will prepare the learner to become college- or career-ready, as demonstrated by the ability to plan and implement different types of personal fitness programs; demonstrate competency in lifetime activities; describe key concepts associated with successful participation in physical activity; model responsible behavior while engaged in physical activity; and engage in physical activities that meet the need for self-expression, challenge, social interaction and enjoyment.

## **Course Description:**

Fit for life is required for graduation and is the building block for other physical education elective courses at MHS. Through this course, students will learn the WHY and HOW a particular physical activity affects their mind, body, and personal health. Students will learn why physical activity and fitness are important to their health & well-being and learn how they can achieve a healthy level of fitness. In this course, students will explore a variety of lifetime activities, dance & rhythms, and fitness activities. Participation in these units will provide students with an opportunity to develop an interest in a variety of physical activities. The major emphasis is placed on the development of attitudes, skills and knowledge necessary for complete enjoyment of lifelong physical activities.

## **Required:**

At least 300 weekly minutes of physical activity, Internet access, and iPad.

## **NOTE:**

Students may use additional forms of technology (phone, pedometer, heart rate monitor, apple watch, fitbit, etc.) as artifacts for tracking weekly physical activity minutes.

## **PREREQUISITE:**

Open to freshmen, sophomores taking Physical Education for the first time, and transferring sophomores only.

## **Standards:**

*National SHAPE Standards for Physical Education:*

- Standard 1. The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.
- Standard 2. The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.
- Standard 3. The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.
- Standard 4. The physically literate individual exhibits responsible personal and social behavior that respects self and others.
- Standard 5. The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

## **Topics/Content Outline- Units and Themes:**

Week 1 (June 15th): Outdoor Pursuits- *The outdoor environment is an important factor in student engagement in the activity. Activities might include, but are not limited to: Rollerblading, Biking, Hiking, Geocaching/Orienteering.*

Weekly Requirements:

1. 300 minute physical activity log
2. Artifact of physical activity minutes
3. Fitness essential question discussion
4. Perform and keep track of baseline fitness tests
5. Skill and Health-Related Fitness activities
6. Outdoor pursuits skill test
7. Outdoor pursuits written test

Week 2 (June 22nd): Individual-Performance Activities- *Might include, but are not limited to: Gymnastics, Yoga, Self-Defense*

Weekly Requirements:

1. 300 minute physical activity log
2. Artifact of physical activity minutes
3. Nutrition log
4. Fitness essential question discussion
5. Completion of 2 fitness-based activities
6. FITT Principle SMART Goal
7. Individual-Performance skill test
8. Individual-Performance written test

Week 3 (June 29th): Target Games - *Might include, but are not limited to: Yard Games, Golf, Disc Golf, Bowling*

Weekly Requirements:

1. 300 minute physical activity log
2. Artifact of physical activity minutes
3. Nutrition log
4. Fitness essential question discussion
5. Perform and keep track of midsummer fitness tests
6. Completion of 2 fitness-based activities

7. Target games skill test
8. Target games written test

Week 4 (July 6th): Dance and Rhythmic Activities - *Might include, but are not limited to: Rhythmic Activities, Cultural Dances, Line Dances, Hip Hop Dances*

Weekly Requirements:

1. 300 minute physical activity log
2. Artifact of physical activity minutes
3. Nutrition log
4. Fitness essential question discussion
5. Completion of 2 fitness-based activities
6. Dance and rhythmic skill test
7. Dance and rhythmic written test

Week 5 (July 13th): Net/Wall Games - *Might include, but are not limited to: Tennis, Badminton, Pickleball, Spikeball, Volleyball*

Weekly Requirements:

1. 300 minute physical activity log
2. Artifact of physical activity minutes
3. Nutrition log
4. Fitness essential question discussion
5. Completion of 2 fitness-based activities
6. Net/wall skill test
7. Net/wall games written test

Week 6 (July 20th): Lifetime Activities- *Review of and/or introduction to alternative lifetime activities.*

Weekly Requirements:

1. 300 minute physical activity log
2. Artifact of physical activity minutes
3. Nutrition log
4. Fitness essential question discussion
5. Perform and keep track of final fitness tests
6. Demonstrate an at-home workout
7. Create personal fitness & Nutrition Plan
8. Final

Fitness Activities/Content- Activities with a focus on improving or maintaining fitness and might include, but are not limited to:

- Physical/Psychomotor Activities: Cardiovascular/Aerobic Training, Muscular Fitness Training, Flexibility/Stretching Exercises
- Cognitive Activities: Health-Related Physical Fitness, Skill-Related Fitness, FITT Principle, Overload, Specificity, Progression, Rate of Perceived Exertion, Fundamental Movement Patterns, Nutrition, Muscle Groups.

## **Expectations:**

- Act Responsibly
- Be Respectful
- Commit to Achieve

- Be-Attitudes: Be on time, be respectful & responsible, be honest & fair, be safe, be a hard worker, be fun, and be open to new ideas.

## Policies & Procedures:

### Attendance & Participation

- Complete all coursework on time
- Course content will develop the learners psychomotor, cognitive, and affective competencies therefore physical and written participation is required.

### Late Work

- Consequences of not turning in weekly coursework may result in dropping the class.

### Technology

- School will issue out iPads
- Alternative technology such as apple watches, fitbits, heart rate monitors, pedometers, phones are encouraged to motivate students.

## Virtual Office Hours:

It is encouraged that if students have questions or concerns that they contact Mr. Scheppler or Mr. Turner during the office hour times listed below. If you are unable to reach use during office hour times contact one of us and we will set up a time that works for both parties.

- Office Hours:
  - Monday & Wednesday (9-10 AM)
  - Tuesday & Thursday (12-1 PM)
- Contact Information
  - [schepplerj@marshfieldschools.org](mailto:schepplerj@marshfieldschools.org)
  - [turnerb@marshfieldschools.org](mailto:turnerb@marshfieldschools.org)

## Grading:

Overall letter grade is a percentage of the total.

Grading Categories: as they appear in the Skyward Grading Program

- **22.5% Performance:** Students will participate in and record 300 minutes of weekly physical activity (including artifacts) & nutrition log. Artifacts are proof of the student performing physical activity and can include: pictures, videos, screenshots of fitness technology, etc.
- **22.5% Fitness Tests:** Students will develop individual fitness goals and assess their progress in aerobic/cardiovascular endurance, muscular fitness, and flexibility. Students will perform 2 fitness based activities each week and self-rate their performance for a grade.



- **22.5% Skill Tests:** Students will perform weekly skill checks that demonstrate level of performance on course content (i.e. outdoor pursuits, individual-performance activities, target games, dance & rhythms, net/wall games, and fitness activities).
- **22.5% Written Tests:** Students will complete weekly written tests that demonstrate level of cognitive knowledge regarding course content (i.e. outdoor pursuits, individual-performance activities, target games, dance & rhythms, net/wall games, and fitness-based content).
- **10% Final Exam:** Students will complete a 1-2 page reflection essay reflecting on their experience of fit for life and the significance of lifetime physical activities.

### **Grading Scale**

A 92.50-100%	B+ 86.50-89.49%	C+ 76.50-79.40%	D+ 66.50-69.49%	F 59.49-0.01%
A- 89.50-92.49%	B 82.50-86.49%	C 72.50-76.49%	D 62.50-66.49%	I 0.00%
	B- 79.50-82.49%	C- 69.50-72.49%	D- 59.50-62.49%	



## Healthy Choices

### Virtual Summer School 2020



**Instructor:** Ms. Wolff / Mr. Genett

**Contact Information:** email → [wolff@marshfieldschools.org](mailto:wolff@marshfieldschools.org)  
email → [genett@marshfieldschools.org](mailto:genett@marshfieldschools.org)

telephone → 387-8464 ext. 4323

telephone → 387-8464 ext. 4311

\*Note: Email is our preferred form of communication, but we do have access to telephone messages.

**Office Hours\*:** Ms. Wolff → Wednesday 2:00pm-3:00pm & Thursday 9:30am-10:30am  
(Direct content and course questions to Ms. Wolff)  
Mr. Genett → Monday-Friday from 8:30-9:30 via Microsoft Teams  
(Direct grading questions to Mr. Genett)

\*Note: Office Hours are available via Microsoft Teams by appointment for both instructors.

\*\* Note: Teachers will be available during office hours for immediate response. Responses to emails sent outside of the establish office hours will occur within 24 hours. This applies to weekdays only.

#### Course Description:

This class is designed to give student the knowledge and competencies to be become aware of and practice healthy skills to create a more successful and balance lifestyle. The goal if this course is to enhance the physical, intellectual, emotional and social development of all students. Learning opportunities are provided to develop knowledge and to challenge students to use critical thinking, decision-making, communication and problem solving skills to promote and maintain lifelong health and wellness.

This course is fast-paced as an entire semester's curriculum will be covered in 6 weeks. **This summer all Healthy Choices curriculum will be delivered online,** Please be sure to have reliable Internet service and a device that are able to support the coursework. Instructors will be utilizing Canvas as the main platform for delivery of content but will utilize others such as Microsoft Teams, etc..

#### Learning Targets:

- Comprehend concepts related to health promotion and disease prevention to enhance health
- Analyze the influence of family, peers, culture, media, technology, and other factors on health behavior
- Demonstrate the ability to access valid information and products and service to enhance health
- Demonstrate the ability to use communication skills to enhance health and avoid or reduce health risks
- Analyze how the family, peers, community and environment influence the lifestyle and quality of life of individuals
- Demonstrate the ability to use decision-making skills to enhance skills
- Demonstrate the ability to use goal-setting to enhance health
- Demonstrate the ability to practice health-enhancing behaviors to avoid or reduce health risks
- Explain the interrelationships of mental, spiritual, emotional, environmental, social and physical health throughout young adulthood.
- Explain the essential functions of the cardiovascular, nervous, muscular, lymphatic, digestive, respiratory, endocrine systems and describe personal behaviors can positively and negatively affect these systems

- Identify physical, emotional, and social changes that occur as an individual matures physically and sexually
- Recognize the importance of personal safety prevention and avoiding dangerous situations.

#### Topic/Content Outline - Units

- Week One: Introduction to Health / Body Systems
- Week Two: Mental and Emotional Health / Relationships / Communication / Self-Management
- Week Three: Nutrition, Fitness & Weight Management / Goal Setting
- Week Four: Consumer Health & Safety / Accessing & Analyzing Valid Information
- Week Five: Alcohol, Tobacco & Other Drugs / Decision Making
- Week Six: Communicable & Non Communicable Diseases / CPR Training / Personal Care / Environmental Health / Advocacy

#### Typically Weekly Outline:

- Previous Friday → Teacher will release upcoming week's content material on Canvas with due dates. Weekly activities will be posted for the week in the Weekly/ Daily Agenda Module. (You will find a daily guide/checklist there.) Content materials will be posted in the corresponding week's module.
- Monday → Teacher will upload a video describing and explaining what is expected of students for the week (Verbally explanation of what the teacher released the previous Friday)
- Tuesday → 9:00-10:30 Teacher will host a Microsoft Teams meeting (Optional; not required) where the teacher will answer any questions students may have, explain content materials, address concerns, etc...
- Wednesday → Ms. Wolff's Office Hours 9:30am -10:30am
- Thursday → Ms. Wolff's Office Hours 2:00pm-3:00pm
- Friday → ALL weekly course materials due by 4:00pm - It will be marked as late; earning only 70% max value for one week. No points are awarded after that.

#### Required Core Resources:

- Textbook readings are available in Canvas and can be located in the module labeled "Readings: Textbook Pages". There is a separate PDF for each reading and are titled with the corresponding page numbers.

#### General Student Expectations:

- Policies and rules outlined in the MHS Student Handbook/Planner and district Neola policies must be followed.
- **BE RESPECTFUL!**
  - o Please be respectful those enrolled in Healthy Choices. Information shared is personal.
  - o Be respectful and mindful on how this course is being conducted and how comments can be misconstrued online even if that was not the intent.
- **BE RESPONSIBLE!**
  - o Complete all assignments in a timely fashion to ensure maximum learning.
  - o All work is expected to be yours. Plagiarism is not acceptable.
  - o Use technology in an appropriate manner.
  - o Remediate any work / assessments in a timely manner.
- **BE COMMITTED TO ACHIEVE!**
  - o Regular participation is a necessity.
  - o Be actively engaged in the learning process.
    - Pay attention / take notes / complete all assignments on time / review the material

- Minimize your distractions for yourself and others.
- Plan to commit 135-150 minutes each day to your learning.

### **Attendance Policy:**

Policies of the Marshfield Board of Education Rule 351 - Summer School Guidelines:

- Due to the online format of course offerings, student attendance will be connected to students turning in the daily and/or weekly assignments via Canvas and/or other online learning platforms. It is imperative that students complete coursework and/or assessments and submit within the due date as this reflects their daily and weekly attendance.
- To obtain the  $\frac{1}{2}$  credit, each course will fulfill the DPI requirement of 4,050 minutes of instruction and learning opportunities. Students/Families should plan for an average of 135 minutes each day.
- Failure to complete and submit assignments on time may result in students being removed/dropped from the course as they would no longer meet the required 4,050 minutes of instruction.

### **Categories /Weight of Grades:**

Reading 25%  
 Writing 25%  
 Skills Assessment / Content 40%  
 Performance 10%  
 Health Literacy 0%

- Normal district grading procedures will apply. Students will be graded on an A/B/C/D/F/I scale. Grades will impact a student's G.P.A.
- Grades will be made available on Skyward for summer, please check often. If you note a discrepancy, please inform your teacher(s) immediately. There is no need to report an asterisk (\*). This just means that the teachers are not finished grading yet. Report all grading concerns to Mr. Genett.
- All work is expected to be your own. Students caught plagiarizing or cheating will receive a "0" on that particular assignment. If a retake is allowed, the maximum score a student can receive is 70% of the total original points. It will be at the teachers' discretion if a retake is allowed based on the circumstances.
- If you need special services as a result of an IEP, 504, PLP, etc... please let your teacher(s) know. We will do our best to accommodate your learning needs. This will look a little different than normal, but your teachers are willing to assist you.

### **Remediation / Retake Policy:**

Students achieving below a 70% on each summative assessment will have one opportunity to retake or resubmit a similar assessment addressing the same learning targets. You will be responsible for taking care of retakes outside of class. Please see teacher(s) to arrange this. Make arrangements with your teachers for make-ups and retakes.

All work (missed, make-up or remediated) must be turned in no later than the end of the following week from when it was due. After one week, it will no longer be accepted for credit.

If you are unable to participate in class, it is highly advised that you communicate this with your teachers and make up as much work as you can prior to your 'absence(s)'.

**Semester Final:**

The semester final counts for 10% of the overall grade.

**Grading Scale:**

A = 93-100

A- = 90-92

B+ = 87-89

B = 83-86

B- = 80-82

C+ = 77-79

C = 73-76

C- = 70-72

D+ = 67-69

D = 63-66

D- = 60-62

F = 59-0

I =Incomplete

# Lifetime Individual-Dual Activities Course Syllabus

**Instructor:** Mr. Shulfer & Mr. Gebelein

**Contact Information:** Email: shulfers@marshfieldschools.org

gebeleinr@marshfieldschools.org

**Virtual Office Hours:** 24 hour responding time Monday – Friday

1 vs. 1 virtual meeting can be set up by appointment



## Program Goal(s):

The School District of Marshfield Physical Education Program will prepare the learner to become college- or career-ready, as demonstrated by the ability to plan and implement different types of personal fitness programs; demonstrate competency in lifetime activities; describe key concepts associated with successful participation in physical activity; model responsible behavior while engaged in physical activity; and engage in physical activities that meet the need for self-expression, challenge, social interaction and enjoyment.

## Course Description:

This course will give the learner an opportunity to experience many lifetime physical activities that can be done individually or with another person. Emphasis is placed on the attainment of lifetime physical activity skills for recreational participation. In an effort to continually build on the student's fitness level, a variety of fitness based activities will be integrated throughout the course.

## Categories /Weight of Grades/Examples:

**Daily Participation:	22.5 %	Fitness Log (300 total minutes, max of 120 fitness minutes)
* S.M.A.R.T Goal:	22.5%	Fitness S.M.A.R.T Goal(baseline, mid-way, End of year)
**Written Test:	22.5%	Content specific written test or knowledge checks
**Skill Test:	22.5%	Short Videos or Photographs of skill
Final Exam:	10%	Reflection paper

**\*Will be working on throughout the entire 6 weeks (pre, mid-year, post).**

**\*\*Will be due each Friday at midnight**

## Honor Code:

With this unprecedented pandemic, this class is now 100% online. Therefore, make sure your being honest with your assignments. Do your own work, and be honest with your SMART Goal and your fitness log.

## Late Work

Students who do not take the summative the day the rest of the class does, will be deducted a percentage for taking the test late. Example, the best you can earn day 1-95%, 2-90%, 3-85%,4-80%,5-70%

## Grading Scale:

A 92.50-100%	B+ 86.50-89.49%	C+ 76.50-79.49%	D+ 66.50-69.49%	F 59.49-0.01%
A- 89.50-92.49%	B 82.50-86.49%	C 72.50-76.49%	D 62.50-66.49%	I 0.00%
	B- 79.50-82.49%	C- 69.50-72.49%	D- 59.50-62.49%	

## Equipment Needed:

iPad

**\*\*\*\*Weekly Outline on Next Page\*\*\*\***

# Weekly Unit Outline:

\*\*\*\*Each week, I will provide a Monday Message\*\*\*\*

## Week 1:

Creating a fitness SMART Goal, Collecting Baseline data for SMART Goal, FITT Log based off of At-Home Fitness Activities, Introduction Video

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## Week 2:

Target Games

- Archery, Curling, Bowling, Yard games, Disc golf, Golf
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## Week 3:

Personal Fitness

- Yoga, Pilates, Resistance training, TRX Training , Speed/Agility Training Running, Fitness walking, Fitness swimming, Aqua Jogging , Cardio-kickboxing
- 

## Week 4:

Net/Wall Games

- Badminton, Pickleball, Spike ball, Tennis, Racket ball
- 

## Week 5:

Yard Games:

- Polish Golf, Spike Ball, Kan Jam, Bocce Ball, Corn hole, Others
- 

## Week 6:

Outdoor Pursuits

- Hiking, biking, backpacking, orienteering/geocaching, camping
  - Bouldering/traversing/climbing, adventure activities and ropes courses
- 

## Optional Unit:

Aquatics (can be substituted in for any unit. **one-time limit**)

- Swimming, Paddle boarding, Kayaking/canoeing, scuba diving/snorkeling, etc.



# Online Consumer & Personal Finance Syllabus—Summer 2020

REQUIRED INFORMATION	DETAILS
<b>Name of Course</b>	Online Consumer & Personal Finance
<b>Instructor's Name</b>	Charles Treankler, Rae Ann Leonhardt
<b>Online Hours</b>	24 hour response time to email messages
<b>Email</b>	Use Canvas contact system, Outlook district email
<b>Required Materials</b>	PC/MAC Internet access, Internet Explorer or Chrome browser, PDF reader, word processing & spreadsheet software.
<b>Course Dates</b>	This is a six week course that begins June 15 and ends July 24.
<b>Important Dates</b>  Module 1 Taking Charge of Your Finances  Module 2 Spending Plans and Financial Statements  Module 3 Savings and Investing  Module 4 Credit  Module 5 Transportation and Housing  Module 6 Insurance  Final Exam/Checkout	<div> <b>Module 1 DUE</b>      <b>Reading &amp; Vocab WED 6/17 b4 NOON</b>  <b>All other module activities 6/19 b4 NOON</b>            MOD 1 Remediation due 6/22 b4 NOON         </div> <div> <b>Module 2 DUE</b>      <b>Reading &amp; Vocab WED 6/24 b4 NOON</b>  <b>All other module activities 6/26 b4 NOON</b>            MOD 2 Remediation due 6/29 b4 NOON         </div> <div> <b>Module 3 DUE</b>      <b>Reading &amp; Vocab WED 7/1 b4 NOON</b>  <b>All other module activities 7/3 b4 NOON</b>            MOD 3 Remediation due 7/6 b4 NOON         </div> <div> <b>Module 4 DUE</b>      <b>Reading &amp; Vocab WED 7/8 b4 NOON</b>  <b>All other module activities 7/10 b4 NOON</b>            MOD 4 Remediation due 7/13 b4 NOON         </div> <div> <b>Module 5 DUE</b>      <b>Reading &amp; Vocab WED 7/15 b4 NOON</b>  <b>All other module activities 7/17 b4 NOON</b>            MOD 5 Remediation due 7/20 b4 NOON         </div> <div> <b>Module 6 DUE</b>      <b>Reading &amp; Vocab MON 7/20 b4 NOON **</b>  <b>All other module activities 7/21 b4 NOON **</b>            MOD 6 Remediation due 7/22 b4 NOON **         </div> <div> <b>Final Exam/Checkout July 23 before NOON**</b>            (no remediation on final-incomplete=failure)         </div> <div> <b>** July 20 is a Monday</b>  <b>** July 21 is a Tuesday</b>  <b>** July 22 is a Wednesday</b>  <b>** July 23 is a Thursday</b> </div>

<b>Grading Criteria</b> Scale: A = 100-93%   A- = 92-90% B+ = 89-87%   B = 86-83%   B- = 82-80% C+ = 79-77%   C = 76-73%   C- = 72-70% D+ = 69-67%   D = 66-63%   D- = 62-60% Final Exam = 10%	Students must complete all formative assessments to minimum of 70% proficiency. If formative scores are below 70%, students must remediate to 70% or above before the summative assessments become available within each module. Any summative scores below 70% must also be remediated.  <b>If you miss a due date for initial submission or remediation you will be automatically withdrawn from the course.</b>
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>● Explain how income affects lifestyle choices and spending decisions.</li> <li>● Demonstrate ability to use money management skills and strategies.</li> <li>● Identify and compare sources of credit.</li> <li>● Explain the relationship between saving and investing.</li> <li>● Understand the impact of contextual factors associated with consumer decision making (e.g. social, historical, political, family, cultural and philosophical).</li> <li>● Understand the nature of personal financial risk against the importance of protecting against financial loss.</li> </ul>

I have read and understand the key factors to success and the course requirements as stated above. If said learning modules and remediation activities are not completed by the corresponding due dates and times, I will be withdrawn from the course. **Any evidence/suggestion of cheating and/or sharing and/or submitting work done with or by someone else, will result in immediate withdrawal from course.**

I understand that I must also successfully complete a training and orientation module which must be completed successfully before NOON CST, Friday, June 12, 2020.

Please discuss all of these requirements with your parents and your guidance counselor. If learning independently and adhering to a strict due date schedule is something you struggle with, online learning is probably not for you. Anticipate dropping or removal and be sure to have a spot open in your schedule so you can take the course during the school year in a traditional classroom setting.

**Student Signature:**

\_\_\_\_\_ Date \_\_\_\_\_

**Parent/Guardian Signature:**

\_\_\_\_\_ Date \_\_\_\_\_

***Take a picture of signed and dated form and upload to Canvas.***

# Sports Medicine I

## **Course Description:**

Explore career opportunities in sports medicine, including athletic training, fitness, strength and conditioning, and physical therapy. Be introduced to proper stretching techniques, athletic taping, on-the-spot treatment of athletic injuries, rehabilitation, nutrition and much more. Successful completion of this class along with an interview with instructors will allow you to work as an Athletic Training Student Aide for ½ credit during the school year.

## **Instructor Contact Information**

Mrs Rae Ann Leonhardt

Family & Consumer Sciences Instructor

[leonhardtr@marshfieldschools.org](mailto:leonhardtr@marshfieldschools.org)

## **Course Objectives:**

- Be aware of the history of sports medicine, trends, and current needs for sports medicine services
- Know treatments commonly used in sports medicine
- Identify the role of each member of the athlete's circle of care
- Know how to assess, evaluate, and diagnose an injury
- Be aware of legal and ethical guidelines
- Be aware of skills, responsibilities, values, and goals necessary to be successful student athletic trainers.
- Understand the importance of developing and maintaining a healthy lifestyle.
- Be aware of various methods of injury prevention.

## **Personal Responsibility**

Personal responsibility reflects the characteristics of learners who are motivated, respectful, hard-working and adaptive to changing circumstances and consists of two areas: work skills and social skills. Students will receive one general rating for social skills and one general rating for work skills for each subject area on the report card.

## **Policies**

All school policies will be enforced. A few are highlighted below:

- Check email regularly – it is expected that you will respond to email messages with 24 hours, as I will if you contact me
- Canvas Learning Management system will be utilized, so it is necessary to have internet access

## **Grading Plan:**

Formative Work (quizzes, workbook assignments, in-class learning activities, etc.) = 10% of a student's

Summative Work (chapter tests; class projects; etc.) = 90% of a student's grade

### **Marshfield High School Grading Guidelines for Summative Work**

1. A minimum of **2 formative** assessments must be given and scored with students earning over **70%** before the student may take the summative.
2. Students who do not take the summative the day the rest of the class, does due to an unexcused absence, **may** be deducted a percentage for taking the test late. Example, the best you can earn day 1-90%, 2-80%, 3,4,5-70%
3. Students have **5 days to take the summative** past when the rest of the class did and on the 5<sup>th</sup> day the student may be given only up to 70% for taking it late and may be given an alternative assessment for taking it late as well. They have also forfeited their retake possibility if all 5 days are used. If the test is not complete or project not turned in a student may earn a zero. It is recommended to use class time that 5<sup>th</sup> day to finish whatever the student can on that 5<sup>th</sup> day to avoid a zero.
4. Students who **do not pass the summative at 70% need to retake the summative**, and this needs to be done within 5 days of the summative being returned, and should be done within 2 days. Teachers will determine what the remediation is, but the maximum grade on the retake is a 70%.

## **Sports Medicine II Expectations:**

If you plan to work as an Athletic Training Student Aide for ½ credit during the school year, you must:

- Enroll in Sports Medicine II with your School Counselor
- Earn a "B" or better in Sports Medicine I
- Maintain at least a 3.0 GPA
- Complete an interview with course instructor for admittance into independent study

# Welcome to Summer School Psych or CJL!

BEST WAYS TO CONTACT MR. G.:

Gmail/Google Docs: [Glodowski@marshfieldschools.org](mailto:Glodowski@marshfieldschools.org)

Remind: Psych – @psych715

CJL – @c8cdcce

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## Three Essential Expectations

- Respect - For yourself, your classroom, substitute teachers and Mr. Glodowski!
- Responsibility - For your actions
- Research - We will be doing a lot of research, analysis, discussions, and writing this year

## Online Class Procedure

- Mr. G. will have live class sessions two times a week and each class will be recorded to allow for access at a later time by students. There may be occasional subtractions to this regular schedule, but none will occur without advanced notification. Mr. G. will also be available to meet with if you need to schedule a meeting with him and will be accessible via Remind and Email throughout the week.
  - Psych – Mondays and Wednesdays at 8:30 AM
  - CJL – Tuesday and Thursdays at 10 AM
- Mr. G. will post and email assignments for the upcoming week on Fridays. He may also plan further in advance using his class calendar which can be found on Canvas. Students are expected to complete all assignments/tasks by the end of the assigned week.
- Late assignments will be assessed for 70% of the original value and will not be accepted following the summative assessment
- Students who do not take the summative the day the rest of the class does due to an unexcused absence, **will** be deducted a percentage for taking the test late. The best you can earn day 1-90%, 2-80%, 3,4,5-70%
- Students who **do not pass the summative at 70% need to retake**, and this needs to be done within 5 days of the summative being returned and should be done within 2 days. The maximum grade on the retake is a 70%
- Cheating will result in a zero with no option for make-up. **PLAGIARISM IS CHEATING**. If you have a question about whether or not something is plagiarism, come to me beforehand.
- Per district requirements, there is a 90/10 summative/formative split.
- Summative writing assessments will be spread out throughout the year and are not guaranteed to happen in every unit
- **"Practice does not make perfect. Practice makes permanent"**

## Frequent, Required App Usage

- Canvas – Posted assignments and place to turn in assignments
- EdPuzzle – Videos will be published here and allow for me to track your progress
- Google Meet – Live video discussion platform of choice
- FlipGrid – Non-live video discussion platform

## **PBIS Expectations**

- **Act Responsibly**
  - **Be on time**
  - **Be prepared**
  - **Complete daily assignments for better understanding**
- **Be Respectful**
  - **Adhere to all classroom policies**
  - **Appropriate use of property and technology**
  - **Be open to the opinion of others**
- **Commit to Achieve**
  - **Be physically present and tuned in**
  - **Be an active listener**
  - **Ask questions for understanding**
  - **Give your best effort**
  - **Learn from your mistakes**

Wondering what we will learn in Regular Psychology?  
[Click here for details!](#)

Wondering what we will learn in Crime, Justice, and Law? [Click here for details!](#)

**Tailor Made Math**  
**Marshfield High School Summer School 2020**

Tailor Made Math is our summer school math class that provides students with an opportunity to earn a  $\frac{1}{2}$  credit of math or finish an incomplete from the previous school year. Students can take math classes ranging from Pre-Algebra to Pre-Calculus. The class uses a resource from Renaissance Learning called Accelerated Math to complete the work.

Summer school is virtual this summer and students will have to check in every class morning using the video chat platform called Microsoft Teams. Students will also have to provide a phone number in case there is a technology issue. The two-summer school periods are from 7:30-9:45 and 9:50-12:05. Students are expected to be online for the entire class period each school day.

To earn a  $\frac{1}{2}$  credit students must finish 30 essential learning objectives and take the final exam. Students must also meet the seat time requirements, which means they can miss at most 5 class periods.

Students finishing an incomplete attend class until all 30 objectives of whatever semester of a math class they are trying to finish is complete. Some students may be finishing work provided by their math teacher from the previous year. Once the objectives or work is done the incomplete will be changed to a passing grade and the student is done.

The teachers of the class are Mr. Boyle and Mr. Luedtke. Students will be split into 2 groups and mainly work with just one of the teachers. Students working on Algebra 1 or Geometry will work with Mr. Boyle and students working on Pre-Algebra or Algebra 2 will work with Mr. Luedtke. Students will also have access to Canvas where worked examples of each learning objective will be provided. Accelerated Math also has resources for students to use to help them complete the objectives.

Together we can make this a great summer school class!

Mr. Boyle and Mr. Luedtke

[boylej@marshfieldschools.org](mailto:boylej@marshfieldschools.org)

[luedtkel@marshfieldschools.org](mailto:luedtkel@marshfieldschools.org)